

2018 Cross County
Shasta Lake School
4th-8th: Peter C.
Revised: 9/11/18

Monday	Tuesday	Wednesday	Thursday	Friday
9/10 Meeting/workout 1:30pm	9/11 Practice 2:30-3:30	9/12 Practice 2:30-3:30	9/13 SLS @ MVMS 4:00pm	9/14 No Practice
9/17 1:30-2:30 optional	9/18 Practice 2:30-3:30.	9/19 Practice 2:30-3:30	9/20 SLS @ Shasta College 4:00pm Please arrive at 3:30	9/21 No Practice
9/24 1:30-2:30 optional	9/25 Practice 2:30-3:30	9/26 Practice 2:30-3:30 Grade Check Due	9/27 Uprep @ Kids Kingdom 4:00pm Please arrive at 3:30	9/28 No Practice
10/1 1:30-2:30 optional	10/2 Practice 2:30-3:30	10/3 Practice 2:30-3:30	10/4 SLS @ Bethel 4pm Please arrive at 3:30	10/5 No Practice
10/8 1:30-2:30 optional	10/9 Practice 2:30-3:30	10/10 Practice 2:30-3:30 Grade Check Due	10/11 Finals @ Shasta College 4:00 Please Turn in uniform after race	10/12 Pizza and Awards TBD
10/15	10/16	10/17	10/18	10/19

4pm: 4th grade girls 4:15: 4th grade boys 4:30: 5th grade girls 4:45: 5th grade boys 5pm: 6th grade girls 5:15:
7th grade boys and girls 5:30: 8th grade boys and girls